

# APPENDIX





# Helping patients make better treatment choices with shared decision-making

- Use leads to more conservative patient choices, and a 25 percent decrease in rates of surgeries for preference-sensitive conditions\*
- Users felt the decision aid video and booklet helped them:
  - Better understand their condition
  - Understand treatment alternatives
  - Have more informed conversations with their doctor
- 40 videos available on [kp.org/wa](http://kp.org/wa)

## Treatment or surgery:

- Bones & joints
- Back care
- Birth decisions
- Breast cancer
- Cardiovascular health
- Prostate health
- Vision
- Weight management
- Women's health

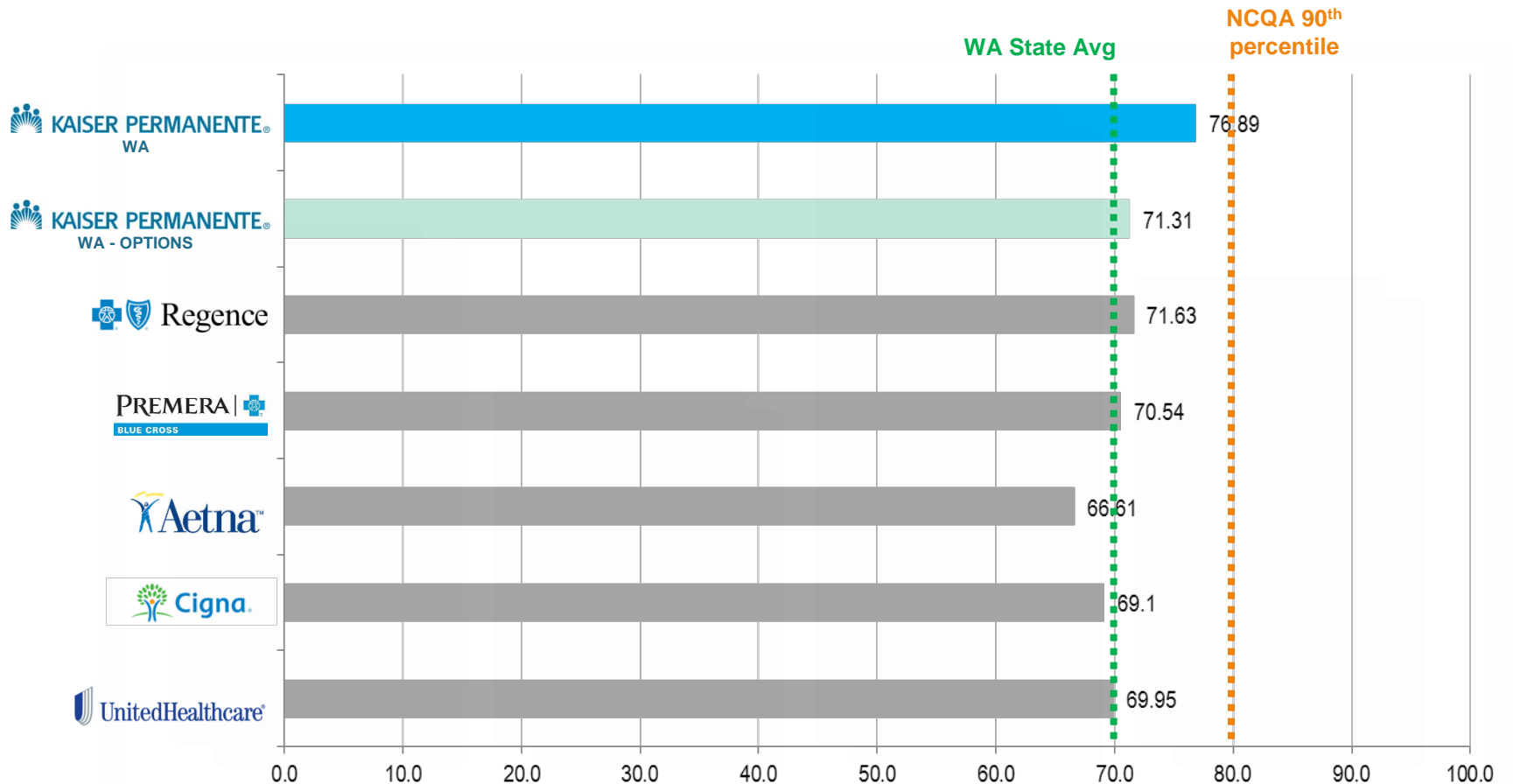
## Prevention and wellness:

- Cancer screening
- Chronic conditions
- Health care
- Healthy aging
- Mental health

\* Stacy et al., Cochrane Database of Systematic Reviews 2014.

# Breast Cancer Screening

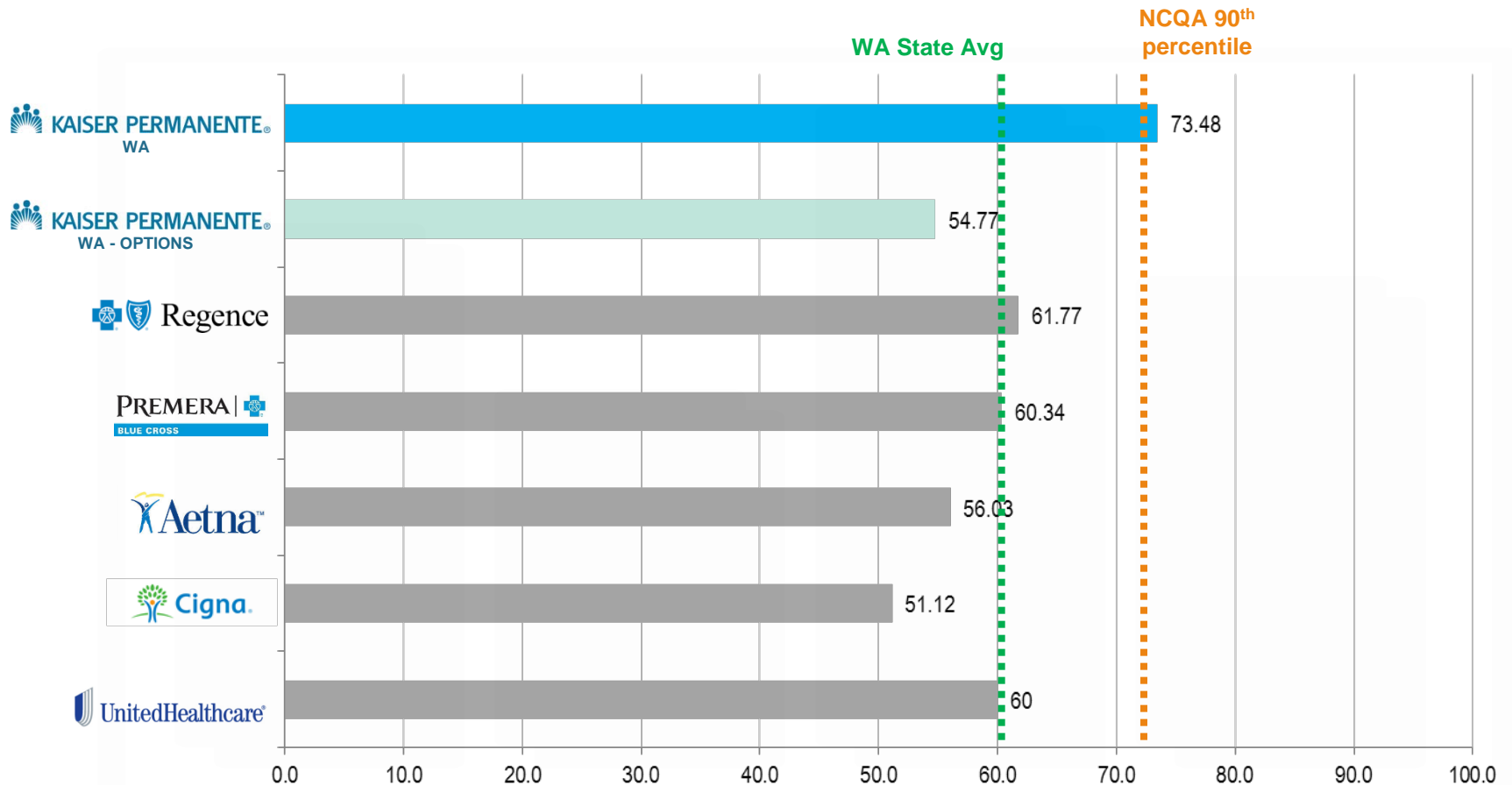
## WA State Comparison of Commercial Plans



KPWA has the highest rate of breast cancer screening in WA State.

# Colorectal Cancer Screening

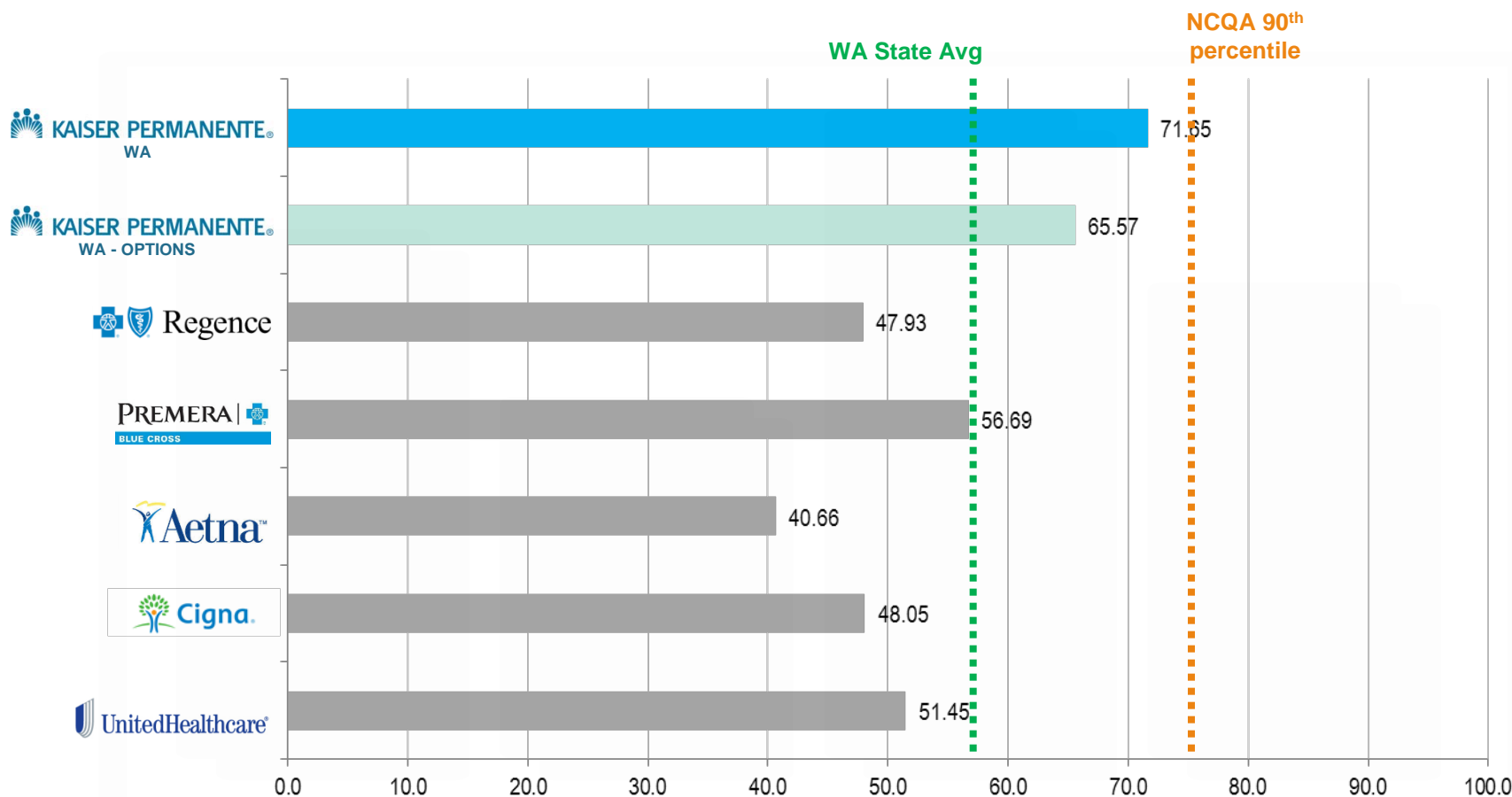
## WA State Comparison of Commercial Plans



KPWA has the highest colorectal cancer screening rates in WA State and one of the highest rates in the country, exceeding the national All LOB 90<sup>th</sup> percentile benchmark.

# Controlling High Blood Pressure

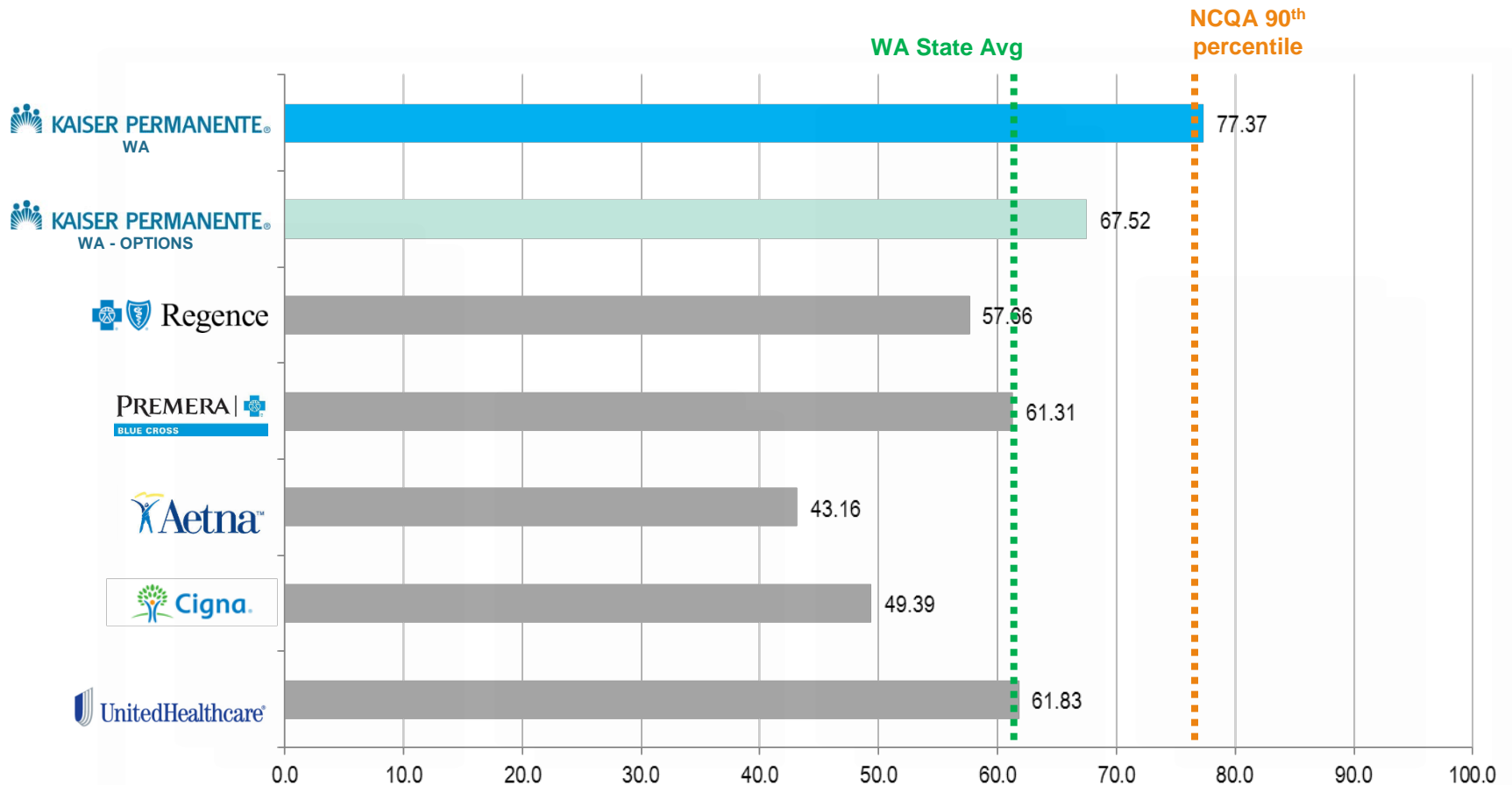
## WA State Comparison of Commercial Plans



KPWA has the highest rate of high BP control in WA State.

# Diabetes BP Control (<140/90)

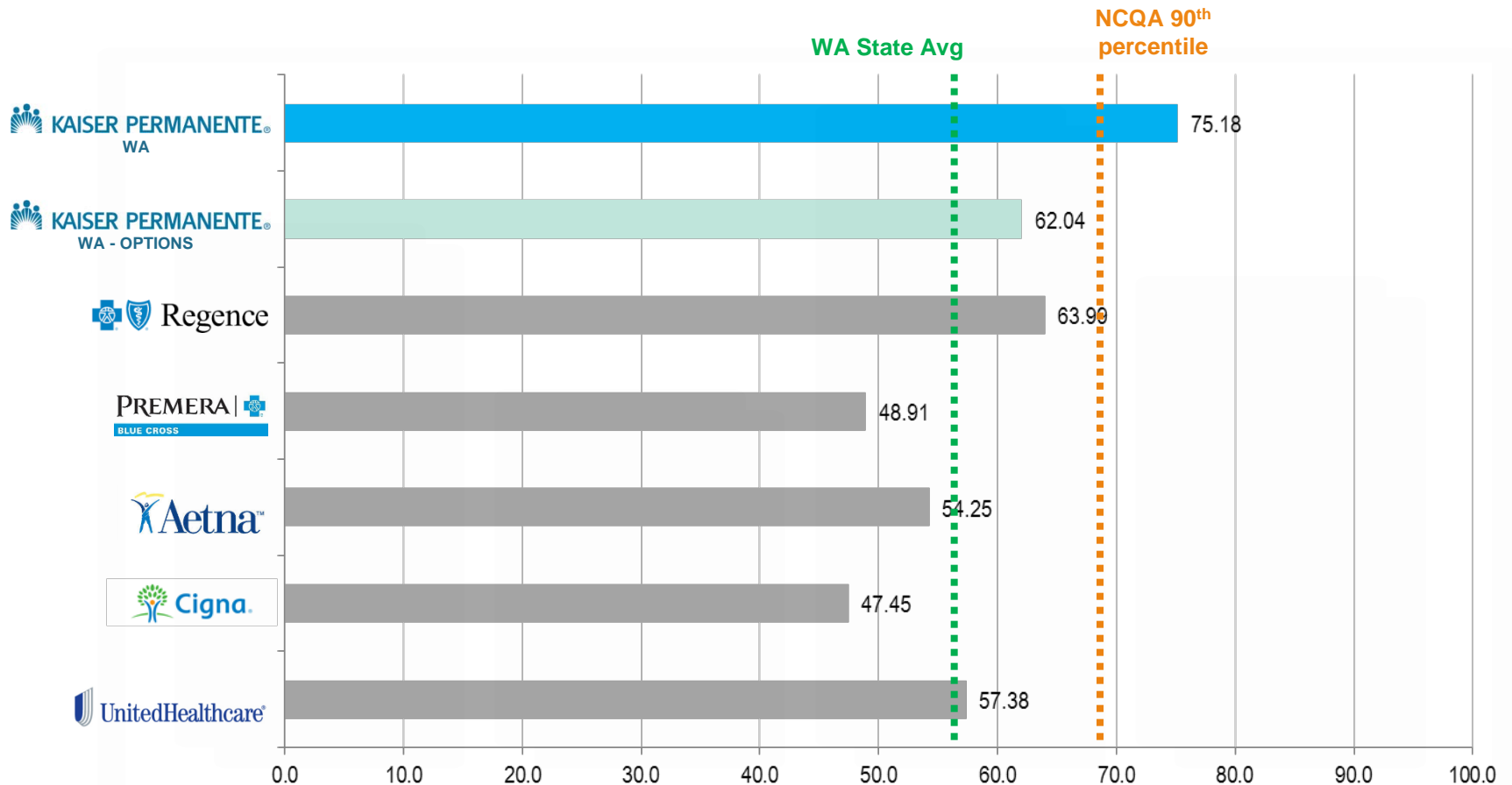
## WA State Comparison of Commercial Plans



KPWA has the highest rate of BP control in diabetics in WA State and among the highest rates in the country, surpassing the commercial All LOB 90<sup>th</sup> percentile benchmark.

# Diabetic Retinal Eye Exams

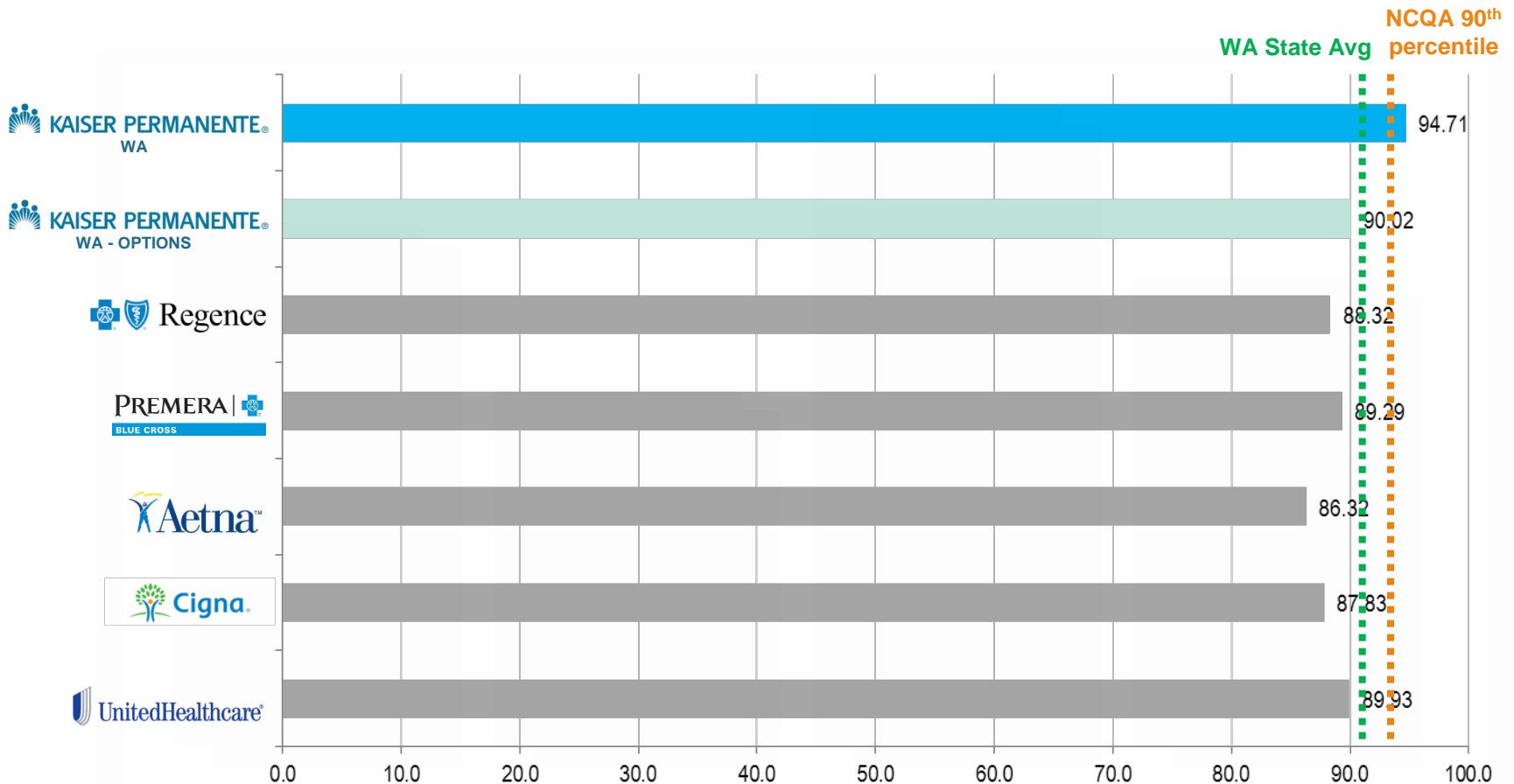
## WA State Comparison of Commercial Plans



KPWA has the highest rate of diabetic retinal exams in WA State and among the highest rates in the country, surpassing the commercial All LOB 90<sup>th</sup> percentile benchmark.

# Diabetic Nephropathy Screening

## WA State Comparison of Commercial Plans



KPWA has the highest rate of diabetic nephropathy screening in WA State and among the highest rates in the country, surpassing the commercial All LOB 90<sup>th</sup> percentile benchmark.

Source: NCQA Quality Compass 2017

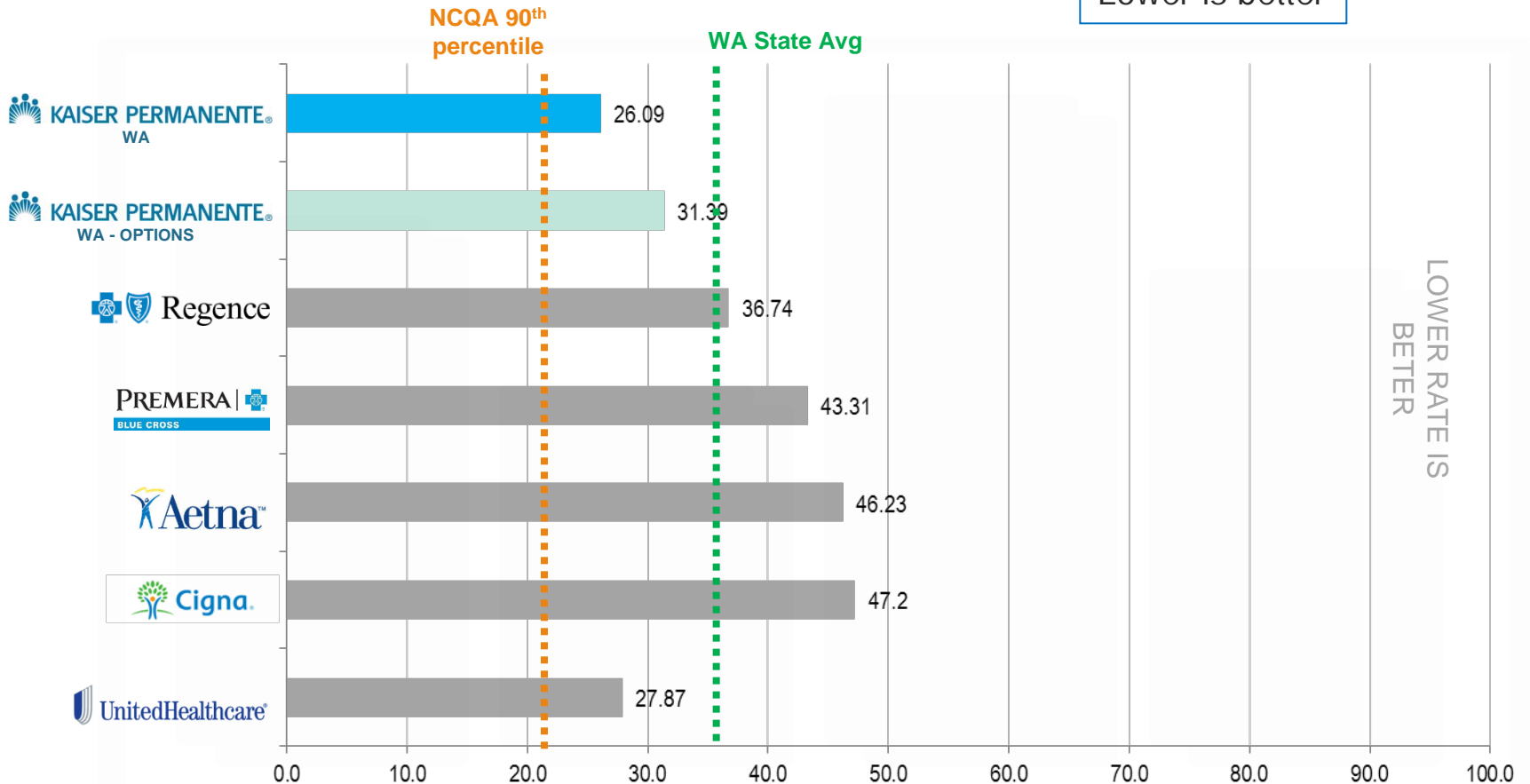
Benchmarks: NCQA WA State All LOB Average Benchmark, NCQA National All LOB 90<sup>th</sup> percentile Benchmark



# Diabetes Poor HbA1c Control

## WA State Comparison of Commercial Plans

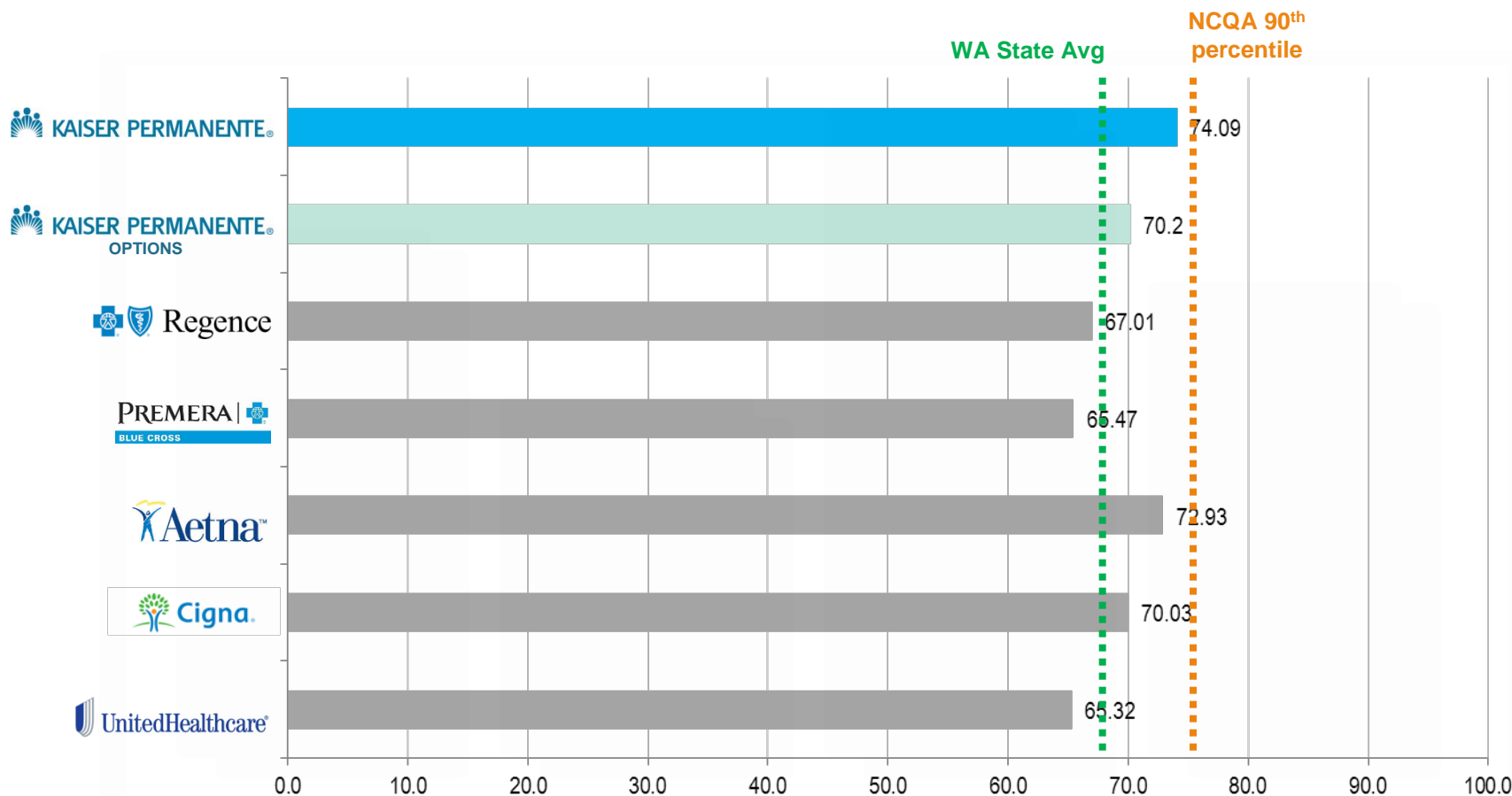
Lower is better



KPWA has the lowest rates of diabetic patients with poor HbA1c control in WA State.

# Antidepressant Rx Management – Acute Phase

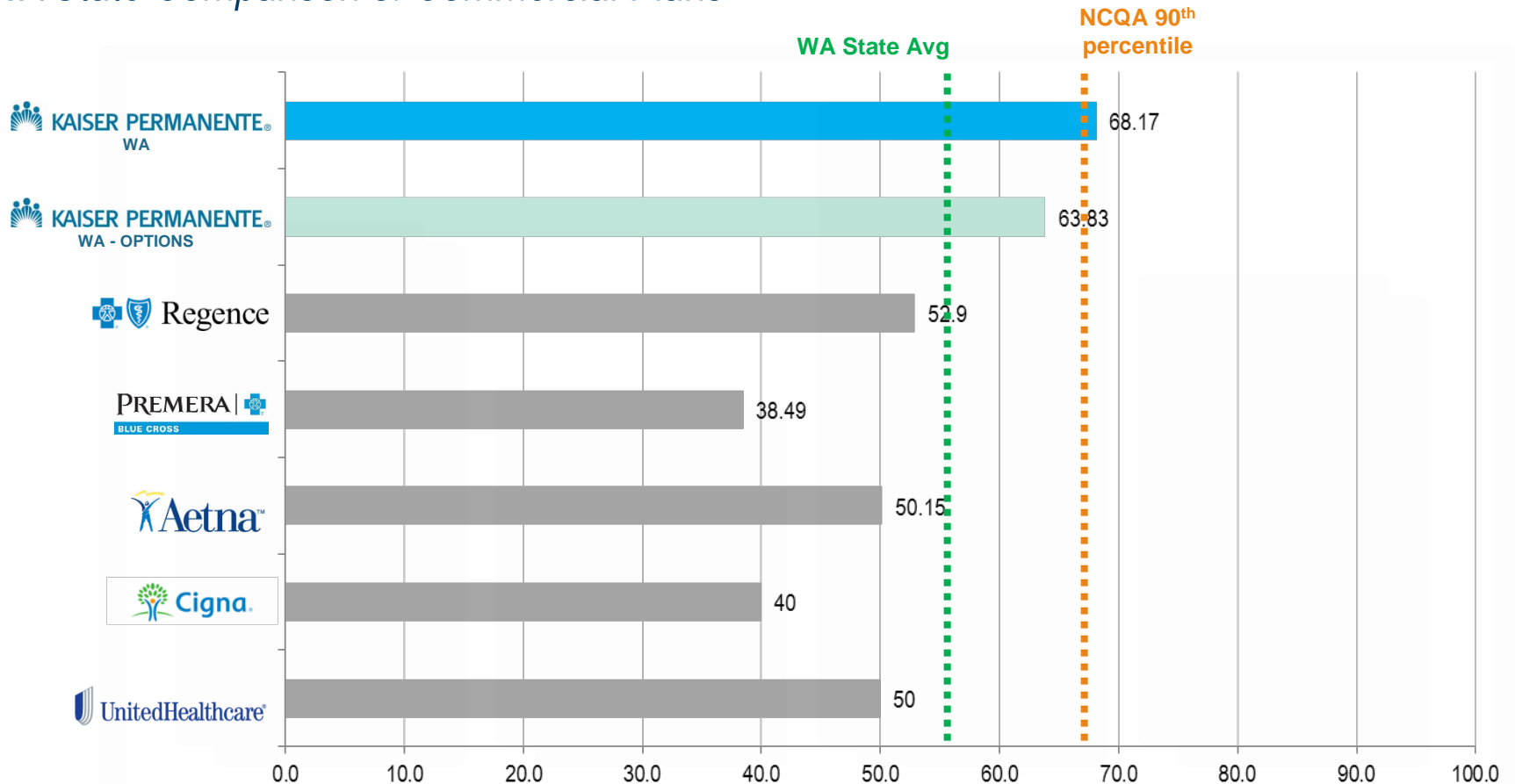
## WA State Comparison of Commercial Plans



KPWA has the highest rates of antidepressant medication management – effective acute phase treatment in WA State.

# Follow-Up After Hospitalization for Mental Illness (7 Days)

## WA State Comparison of Commercial Plans



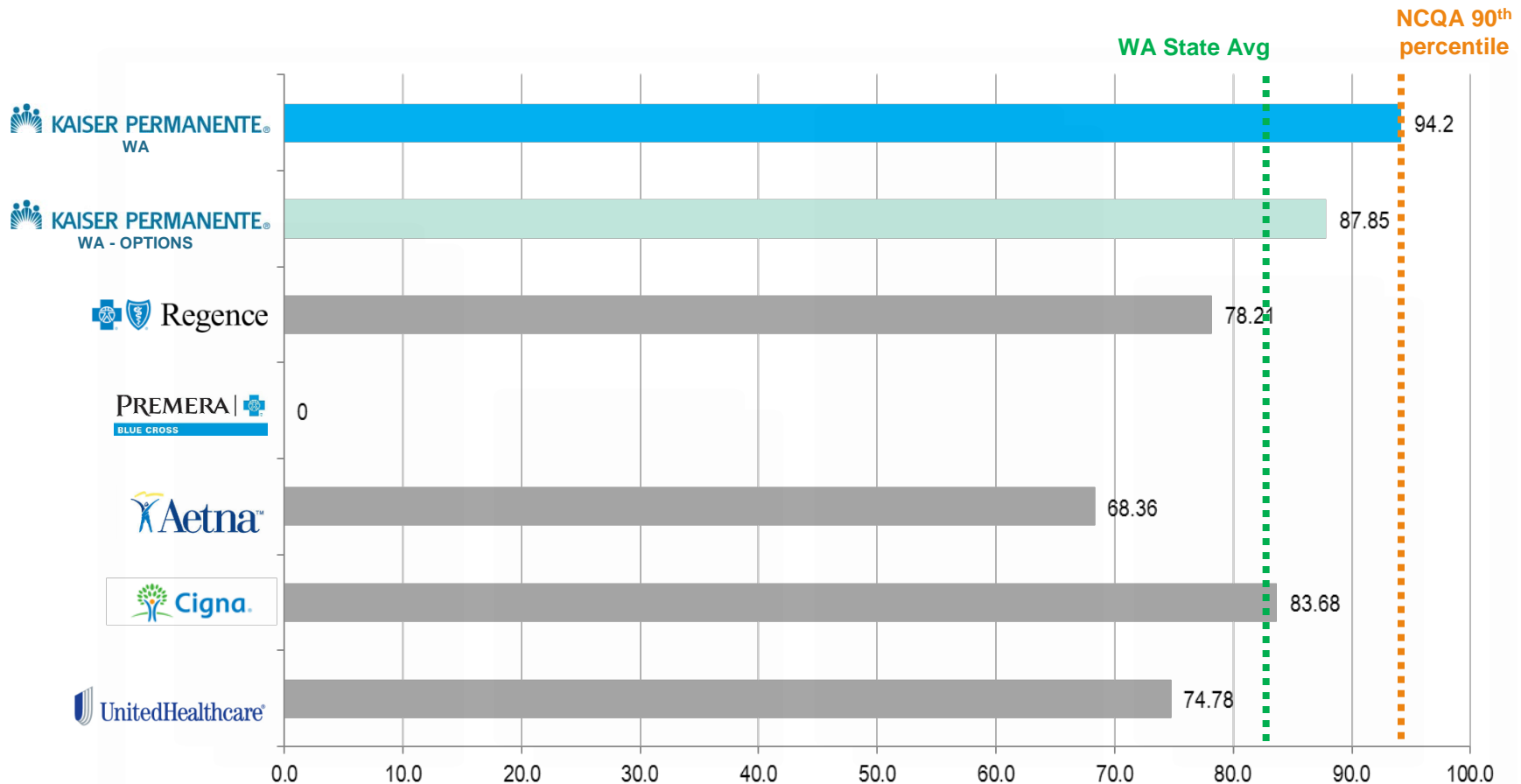
KPWA & KPWAO has the highest rates of follow-up after hospitalization for mental illness within 7 days in WA State and among the highest rates in the country, surpassing the commercial All LOB 90<sup>th</sup> percentile benchmark.

Source: NCQA Quality Compass 2017

Benchmarks: NCQA WA State All LOB Average Benchmark, NCQA National All LOB 90<sup>th</sup> percentile Benchmark

# Timeliness of Prenatal Care

## WA State Comparison of Commercial Plans



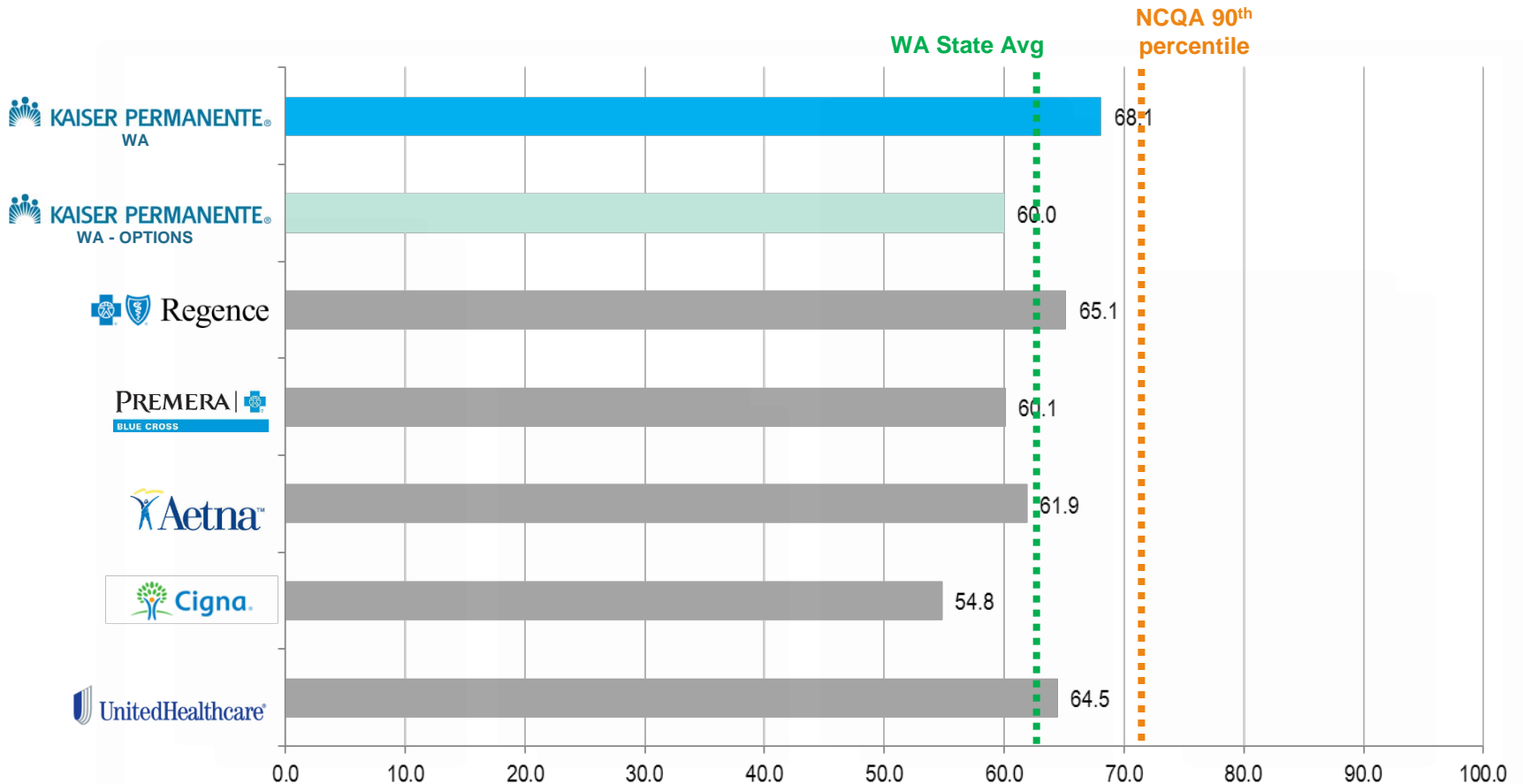
KPWA has the highest rate of timeliness of prenatal care in WA State and one of the best rates in the country almost meeting the commercial All LOB 90<sup>th</sup> percentile benchmark.

Source: NCQA Quality Compass 2017

Benchmarks: NCQA WA State All LOB Average Benchmark, NCQA National All LOB 90<sup>th</sup> percentile Benchmark

# Rating of Personal Doctor

## WA State Comparison of Commercial Plans



KPWA is the highest rated plan on the Rating of Personal Doctor question in WA State.