

## **Seattle Sub Association Professional Development – Workshop Content**

### **Discourage Disruption in the Classroom**

**Patricia Robinson & Jan Bowersox**

"Discouraging Disruption" starts at the classroom door as students enter. We will share suggestions and practices to help you stay calm, and even keep a sense of humor, while interacting with students whom you have just met. Based on work by G Binnington, S Hollie, R Korb, and Fay and Funk. Binnington says, "Discipline is no laughing matter, maybe it should be!"

### **Your Contract Benefits and Responsibilities:**

**Peter Henry & Temple Robinson**

Seattle Education Association had two substitutes on the Bargaining Team last summer. There were many issues on the table, but the Substitutes did come away with a better contract than before. Learn about the benefits of our contract and our responsibilities to carry out our work as substitutes.

### **Build Trust so Learning can Happen**

**Patricia McDonald**

Gaining cultural competence is a lifelong process. There are ways to build relationships with students to gain some level of trust/sense of safety so that learning can occur. We will explore some of the challenges today's students face and how substitutes can respond to make a difference for both the student and yourself.

### **One on Won – Present yourself Assertively in Difficult Conversations**

**Nitica Simons & Angela Mosley-Freeman**

Assertiveness Won O' Won: Do you become nervous, tongue-tied, or a little sweaty when you want to speak up for yourself? Learn the nature of conflict and the different types of workplace conflict while learning the difference between passive, assertive, and aggressive behaviors. Learn about your own reaction to conflict and develop strategies/skills on how to be assertively respond. This course is designed for all ability levels as we assist adults in communicating with other adults.

### **Special Education is Everywhere – the Continuum Model**

**Christina DeCarufel & Karin Engstrom**

As a substitute, what do you know? What do you want to know? What will you learn? These are the questions we will explore in our 90 minutes together. Special Education in Seattle Schools is going through changes in their approach to inclusion and delivery of instruction to students with special needs. Special education is in every environment in our schools, our goal is for you to feel confident and prepared for the unique challenges ahead.